

# ***Pension Board Health Screening***

## **MyhealthIQ**

The Pension Boards is pleased to announce that the UCC Medical Benefits Plan is further enhancing the wellness resources available to **individuals enrolled in the UCC (Non-Medicare) Health Plan**. **MyhealthIQ** is a voluntary program designed to give you information and tools you need to make or sustain positive lifestyle choices. The Pension Boards staff will be contacting you personally to confirm your participation and to schedule you for individual wellness exams held on Sat., June 14th at our Annual Meeting in Grinnell.

Please watch for additional information from the PBUCC Health team to learn more about the myhealthIQ wellness offering and about improved incentives for participation. If you have any questions, you may contact:

Camale Allen, Wellness Administrator,  
toll-free at 800.642.6543, ext. 2872  
or by e-mail [callen@pbucc.org](mailto:callen@pbucc.org).